

ODACS STATE TRACK and FIELD MEET MAY 4, 2024



Schedule of Events

9:45 Instructions
10:00 Track Events Begin
12:30 Field Events Begin (est.)
3:00 Awards (est.)

Participating Schools

FF Faith Baptist School, Fredericksburg
MNC Matthews Christian Academy, Matthew, NC
SCP Sweethaven Christian Academy, Portsmouth

Event	Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
50m								
Level II F	S Gaita, FF	E Gruia, MNC	DStephenson, SCP	L Wood, FF	E Flores, MNC			
Level II M	R Gilmore, SCP	C Kramer, FF	J Ocampo, MNC	C Kraeuter, SCP	J Pena, FF	S Jerby, MNC		
Level III F	H Krueger, MNC	E Angstadt, FF						
Level III M	S Mackewich, FF	T Tsung, MNC	G Cornell, FF	J Loveland, MNC				
1600m								
Level II M	S Gurlov, MNC	Z Casper, FF	L Carpenter, FF	A Gruia, MNC				
Level III M	J Gross, FF	Ja Heyboer, MNC	H Heyboer, MNC	J Owens, FF				
100m								
Level II F	A Moore, FF	M Prosvetov, MNC	Z Carter, SCP	J Raines, FF	S Martin, MNC	DStephenson, SCP		
Level II M	J Murray, SCP	J Frazier, FF	S Jerby, MNC	J Ocampo, MNC	C Kramer, FF			
Level III F	A Parker, MNC	N Sample, FF	E Angstadt, FF	H Krueger, MNC				
Level III M	B Halstead, MNC	T Anderson, FF	T Tsung, MNC	G Cornell, FF				
800m								
Level II F	AB Sparks, MNC	C Blake, SCP	A Moore, FF	L Wood, FF	H Kuhn, SCP	S Trappe, MNC		
Level II M	Z Casper, FF	SDesyatnikov, MNC	J Noreau, SCP	C Kraeuter, SCP	N Jerby, MNC	I Focht, FF		
Level III F	E Wood, FF	L Altman, FF						
Level III M	J Loveland, MNC	J Owens, FF	B Halstead, MNC	I Spurlin, FF				
200m								
Level II F	Z Carter, SCP	S Gaita, FF	B Kerolus, MNC	H Ghawi, FF	L Figueiredo, MNC			
Level II M	N Jerby, MNC	J Murray, SCP	J Banks, FF	A Aredes, MNC	J Noreau, SCP	W Dale, FF		
Level III F	N Sample, FF	A Parker, MNC	A Focht, FF	J Halstead, MNC				
Level III M	Je Heyboer, MNC	L Raines, FF	GFernandez, MNC	T Anderson, FF				
400m								
Level II F	J Raines, FF	AB Sparks, MNC	K Loynes, FF	B Kerolus, MNC	C Blake, SCP			
Level II M	S Gurlov, MNC	W Dale, FF	R Gilmore, SCP	A Aredes, MNC	J Banks, FF			
Level III F	J Halstead, MNC	E Wood, FF						
Level III M	S Mackewich, FF	Ja Heyboer, MNC	L Raines, FF	L Ocampo, MNC				

Shot Put								
Level II F	V Owens, FF; H Ghawi, FF; A Amato, MNC; S Trappe, MNC							
Level II M	J McCrum, FF; J French, FF; N Jerby, MNC; S Jerby, MNC							
Level III F	L Altman, FF; N Sample, FF; J Halstead, MNC; A Parker, MNC							
Level III M	J Owens, FF; G Cornell, FF; G Fernandez, MNC; B Halstead, MNC							
Softball Throw								
Level II F	J Raines, FF; L Wood, FF; A Amato, MNC; E Gruia, MNC; C Blake, SCP							
Level II M	J Banks, FF; J Frasier, FF; A Gruia, MNC; J Ocampo, MNC; C Kraeuter, SCP; J Murray, SCP							
Level III F	E Wood, FF; J Halstead, MNC; H Krueger, MNC							
Level III M	T Anderson, FF; J Gross, FF; T Tsung, MNC; J Loveland, MNC							
Long Jump								
Level II F	L Wood, FF; A Moore, FF; AB Sparks, MNC; S Trappe, MNC							
Level II M	W Dale, FF; C Kramer, FF; J Ocampo, MNC; A Aredes, MNC							
Level III F	N Sample, FF							
Level III M	T Anderson, FF; S Mackewich, FF; Ja Heyboer, MNC; T Tsung, MNC							
Triple Jump								
Level III F	E Angstadt, FF							
Level III M	J LeFort, FF; I Spurlin, FF; Ja Heyboer, MNC; G Fernandez, MNC							
Discus								
Level II F	V Owens, FF; J Raines, FF; E Gruia, MNC; AB Sparks, MNC							
Level II M	J French, FF; J McCrum, FF; S Desyatnikov, MNC; S Gurlov, MNC							
Level III F	E Angstadt, FF; K Coleman, FF; H Krueger, MNC; A Parker, MNC							
Level III M	G Cornell, FF; J Owens, FF; J Loveland, MNC; Je Heyboer, MNC							
4x100m Relay	Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Level II F	Matthews	Sweethaven	Faith					
Level II M	Faith	Matthews	Sweethaven					
Level III F	Faith	Matthews						
Level III M	Matthews	Faith						

Note: Immediately following the conclusion of the 400m event, we will run final heats in the following order: NONE. Lane assignments for 200m, 400m, and 800m final heats will begin with the #1 seed in lane 1, #2 seed in lane 2, etc. Lane assignments for 50m and 100m final heats will be as follows:

Lane1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
#7 Seed	#5 Seed	#3 Seed	#1 Seed	#2 Seed	#4 Seed	#6 Seed	#8 Seed